



St. Narsai Assyrian Christian College

Harp of The Spirit N e w s l e t t e r

COLLEGE EVENTS

Thursday
7/5/2015
Year 12 parent/teacher
interviews

Friday
8/5/2015
SNACC
Cross Country
Carnival 2015
Periods 3-6

Tuesday
12/5/15
2015 NAPLAN Test
Language Conventions
(45 min Yrs 7 & 9)
Writing
(40 min Yrs 7 & 9)

Wednesday
13/5/2015
2015 NAPLAN Test
Reading
(65 min Yrs 7 & 9)

Thursday
14/5/2015
2015 NAPLAN Test
Numeracy
(40 min Calculator &
40 min Non-Calculator
Yrs 7 & 9)

Friday
15/5/2015
NAPLAN catch up test

Ancient History Excur-
sion (Yrs 11 & 12)

Dear Parents, Guardians and Friends,

Issue 6 Term 2 1/5/2015

As our Principal has commenced his six week long service leave last Friday, I will temporarily carry out all his responsibilities in the role of an Acting Principal. I look forward to working with all members of the college community in this temporary role.

Over two evenings last week, we held two information sessions about the College's laptop program. A representative of the company supplying laptops (ASI) Mr. Rezk provided details about the laptop program. I would like to thank all parents who were able to attend one of these evenings. The college remains determined to transition to a one-to-one laptop classrooms this year. For more information about this program, please contact the College Office.

Last Friday, the college came together to commemorate the centenary of ANZAC during a special commemorative assembly. It was wonderful to witness our students paying tribute to the legacy of the ANZAC's.

After completing their half-yearly exams last term, Year 12 students will have their semester one reports distributed next Thursday during Teacher- Parent interviews from 3:10- 5:00. At least one parent is expected to attend these interviews.

In week four, Year 7 and 9 students will sit the 2015 NAPLAN tests in the College hall over three days. This will be followed by year 7-11 half- yearly exams from week 6. I strongly encourage students to start their exam preparations as early as possible and approach their teachers for assistance and support. Yesterday, the College took part in the annual combined Mass at St. Hurmizd Cathedral. I take this opportunity to acknowledge Fr. Ninos for a wonderful Mass and his continued support to our College.

In 2015, we continue to focus on student learning at SNACC through a number of initiatives and projects, including classroom based data collection. A number of our teachers are active participants in two externally funded projects; Schools Leading Learning (SLL) and Improving Literacy and Numeracy National Partnership (ILNPN). These teachers are making progress in improving the quality of classroom teaching and learning as they work with their peers in the College and with other external consultants.

Thank you,

Mr. E. Dinkha

Message from the Counsellor

Breaking Bad Habits!

Today, I would like to take you back in time, back fifty years or so, back to an evening in 1968. On this evening, a man, a psychologist by the name of Stanley Schachter sits in his office at the Columbia University of New York drinking his American whiskey and listening to his jam, music by Tony Martin.

On this evening, Schachter had a psychological revelation; while holding his glass and listening to his music, his curiosity rises about the ever increasing issue of obesity and addictions (drugs, alcohol etc.) in the States; his research began. Later that year, after months of intense study, Schachter found that obese people are prompted to eat by "external" cues unrelated to physical hunger, such as the immediate presence of food, surroundings, time of day and strong emotions, to name a few examples. This was his social physiological approach to human behaviour.

Various approaches to tackle negative traits and habits were raised based on Schachter's results by preceding researchers. Helping obese children change their eating habits, help smokers quit the cigarettes, help depressed individuals positively transform their approach to life, etc. all based on external cues unrelated to their physical respective issue.

From Schachter's studies, we can now understand human behaviour on so many levels. Why our children/youth grow habits and addictions to specific stimuli, why they become obsessive and compulsive over specific habits and traits during their social and physical development.

This article is a tribute to Professor Stanley Schachter and his work on social and physiological psychology. Schachter was born in New York City in 1922 and received his Bachelors and Masters from Yale in 1942 and 1944 respectively. He received his Ph.D. in social psychology from the University of Michigan in 1949 and joined the Columbia faculty as professor of psychology in 1961. He was named Robert Johnston Niven Professor of Social Psychology in 1966 and retired in 1992 with an emeritus designation. He passed on at home at East Hampton, New York on June 7, 1997. He was 75.



AKAD UNIFORM SHOP

School uniforms are now in stock and available from AKAD uniform store

Open Monday and Tuesday

9am-11am

Wednesday

2:30pm-4:30pm

7-9 Greenfield Rd, Greenfield Park

School Hours

8:30am

To

2:50pm

Office Hours

8:am

To

4pm

Monday to Friday

Tel: 9753 0700

Fax: 9753 0800

Website

WWW.snac.nsw.edu.au

Email Address

school.office@snac.nsw.edu.au



Need to talk? Kids
Helpline counsellors
are available 24 hours
a day, 7 days a week.
Nothing is too big or
too small to call us



Help is available. No one needs to face their problems alone.

Call Lifeline on 13 11 14 for support or dial 000 if life is in danger.

Parentline

Parent line is a confidential telephone counselling service providing professional counselling and support for parents and those who care for children.

Phone: 1300 1300 52 (cost of a local call) - 24 hours a day, seven days a week-www.parentline.org.au



COLLEGE EVENTS

Thursday
7/5/2015
Year 12 parent/teacher
interviews

Friday
8/5/2015
SNACC
Cross Country
Carnival 2015
Periods 3-6

Tuesday
12/5/15
2015 NAPLAN Test
Language Conventions
(45 min Yrs 7 & 9)
Writing
(40 min Yrs 7 & 9)

Wednesday
13/5/2015
2015 NAPLAN Test
Reading
(65 min Yrs 7 & 9)

Thursday
14/5/2015
2015 NAPLAN Test
Numeracy
(40 min Calculator & 40
min Non-Calculator Yrs 7
& 9)

Friday
15/5/2015
NAPLAN catch up test

Ancient History Excursion
(Yrs 11 & 12)

673-683 Smithfield Rd, Edensor Park NSW 2176

T: 9753 0700 F: 9753 0800

E: school.office@snac.nsw.edu.au W: www.snac.nsw.edu.au